

# CHIP Attendance & Exercise -- Table # \_\_\_\_\_ Date: \_\_\_\_\_



**Attendance:** P=Present A=Absent      **Exercise:** 20 minutes = 1 mile (brisk walking, swimming, bicycling, treadmill, aerobics, weight lifting, heavy gardening, etc.)

NAMES	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13	#14	#15	#16	#17	#18	TOTAL	
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